



19th
SUNDAY IN ORDINARY TIME
 Peter said to him in reply,
 "Lord, if it is you,
 command me to come to
 you on the water." He
 said, "Come." Peter got
 out of the boat and
 began to walk on the
 water toward Jesus.
 - Mt 14:28-29

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

Gathering Song

Be Not Afraid

Verse 1

1. You shall cross the bar-ren des-ert, but you shall not die of thirst. You shall wan-der far in safe-ty though you do not know the way. You shall speak your words in for-eign lands and all will un-der-stand. You shall see the face of God and live.

Refrain

Be not a-fraid. I go be-fore you al-ways.
 Come, fol-low me, and I will give you rest.

Verse 2

2. If you pass through rag-ing wa-ters in the sea, you shall not drown. If you walk a-mid the burn-ing flames, you shall not be harmed. If you stand be-fore the pow'r of hell and death is at your side, know that I am with you through it all.

Verse 3

3. Bless-ed are your poor, for the king-dom shall be theirs. Blest are you that weep and mourn, for one day you shall laugh. And if wick-ed tongues in-sult and hate you all be-cause of me, bless-ed, bless-ed are you!

Text: Isaiah 43:2-3, Luke 6:20ff; Bob Dufford, SJ, b.1943
 Tune: Bob Dufford, SJ, b.1943; acc. by Theophane Hytrek, OSF, 1915-1992
 © 1975, 1978, Robert J. Dufford, SJ, and OCP

First Reading - 1 Kings 19:9a, 11-13a

At the mountain of God, Horeb, Elijah came to a cave where he took shelter. Then the LORD said to him, "Go outside and stand on the mountain before the LORD; the LORD will be passing by." A strong and heavy wind was rending the mountains and crushing rocks before the LORD— but the LORD was not in the wind. After the wind there was an earthquake— but the LORD was not in the earthquake. After the earthquake there was fire— but the LORD was not in the fire. After the fire there was a tiny whispering sound. When he heard this, Elijah hid his face in his cloak and went and stood at the entrance of the cave.

Psalms 145:8-9, 15-18

EIGHTEENTH SUNDAY IN ORDINARY TIME / A

RESPONSORIAL PSALM

Psalm 145:8-9, 15-16, 17-18



The hand of the Lord feeds us; he answers all our needs.

The LORD is kind and full of compassion,
slow to anger, abounding in mercy. You open your hand and satisfy
the desire of every living thing. R.

How good is the LORD to all,
compassionate to all his creatures. R. The LORD is just in all his ways,
and holy in all his deeds.

The eyes of all look to you,
and you give them their food in due
season. The LORD is close to all who call him,
who call on him in truth. R.

Text: *The Revised Grail Psalms*, © 2010, Conception Abbey and The Grail, admin. by GIA Publications, Inc.;
refrain tr. © 1969, ICEL

Music: Michel Guimont, © 1994, GIA Publications, Inc.

Second Reading - Romans 9:1-5

Brothers and sisters: I speak the truth in Christ, I do not lie; my conscience joins with the Holy Spirit in bearing me witness that I have great sorrow and constant anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites; theirs the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; theirs the patriarchs, and from them, according to the flesh, is the Christ, who is over all, God blessed forever. Amen.

Gospel - Matthew 14:22-33

After he had fed the people, Jesus made the disciples get into a boat and precede him to the other side, while he dismissed the crowds. After doing so, he went up on the mountain by himself to pray. When it was evening he was there alone. Meanwhile the boat, already a few miles offshore, was being tossed about by the waves, for the wind was against it. During the fourth watch of the night, he came toward them walking on the sea. When the disciples saw him walking on the sea they were terrified. "It is a ghost," they said, and they cried out in fear. At once Jesus spoke to them, "Take courage, it is I; do not be afraid." Peter said to him in reply, "Lord, if it is you, command me to come to you on the water." He said, "Come." Peter got out of the boat and began to walk on the water toward Jesus. But when he saw how strong the wind was he became frightened; and, beginning to sink, he cried out, "Lord, save me!" Immediately Jesus stretched out his hand and caught Peter, and said to him, "O you of little faith, why did you doubt?" After they got into the boat, the wind died down. Those who were in the boat did him homage, saying, "Truly, you are the Son of God."

Preparation of Gifts and Altar

Instrumental

Communion

An Act of Spiritual Communion



My Jesus,
I believe that You are present
in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there
and unite myself wholly to You.
Never permit me to be separated from You. Amen

Psalm 138: The Fragrance of Christ

Refrains



I Lord, may our prayer rise like in-cense in your sight, may this
 II In the pres-ence of the an - gels, O Lord, may we
 III Lord, on the day that I cried out for help, you



place be filled with the fra-grance of Christ.
 praise your name, may we praise your name.
 an - swered me, you an - swered me.

Verses

1. I will thank you, Lord, with all of my heart,
 you have heard the words of my mouth.
 In the presence of the angels I will bless you,
 I will adore before your holy temple.
2. I will thank you, Lord, for your faithfulness and love,
 beyond all my hopes and dreams.
 On the day that I called you answered;
 you gave life to the strength of my soul.
3. All who live on earth shall give you thanks
 when they hear the words of your voice.
 And all shall sing of your ways:
 "How great is the glory of God!"

Text: Psalm 138:1-2a, 2bc-3, 4-5; David Haas
 Music: David Haas
 © 1989, GIA Publications, Inc.

St. Michael the Archangel Prayer

St. Michael the Archangel, defend us in battle.
 Be our defense against the wickedness and snares of the Devil.
 May God rebuke him, we humbly pray,
 and do thou, O Prince of the Heavenly hosts,
 by the power of God, cast into hell Satan,
 and all the evil spirits who prowl about the world
 seeking the ruin of souls. Amen

Sending Forth

How Can I Keep from Singing?



1. My life flows on in end-less song. A -
 2. Through all the tu - mult and the strife I
 3. What though my joys and com-fort die? The
 4. The peace of Christ makes fresh my heart, A



bove earth's lam - en - ta - tion I hear the clear though
 hear that mu - sic ring - ing. It finds an ech - o
 Lord my sav - ior liv - eth. What though the dark - ness
 foun - tain ev - er spring-ing! All things are mine since



far - off hymn That hails a new cre - a - tion.
 in my soul. How can I keep from sing-ing?
 gath - er round? Songs in the night he giv - eth.
 I am his! How can I keep from sing-ing?



No storm can shake my in-most calm While to that Rock I'm



cling-ing. Since Christ is Lord of heav-en and earth,



How can I keep from sing - ing?

Text: Robert Lowry, 1826-1899, alt.
 Tune: HOW CAN I KEEP FROM SINGING, 8 7 8 7 with refrain; Robert Lowry, 1826-1899; harm. by Robert J. Batastini, b.1942